

Rhythmic Movement

Tension & Release
Conflict & Resolution

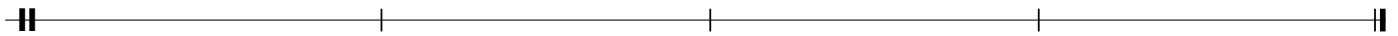
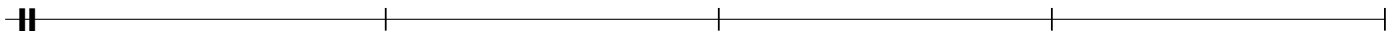
♩=120 ACTIVE Rhythms - give a feeling of tension, conflict, motion, momentum, etc.



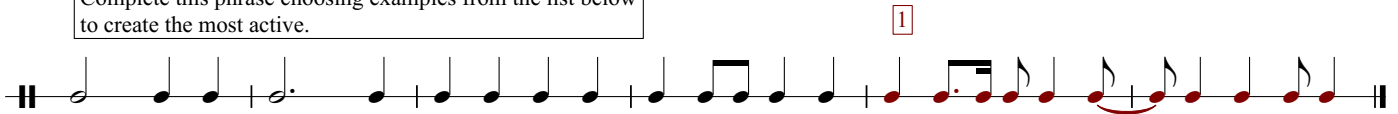
STATIC Rhythms - give a feeling of release, resolution, motionlessness, calm, ending, etc.



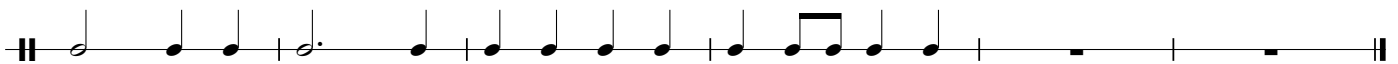
Write eight (8) different 1 measure rhythms -
Put them in order from "most static" to "most active"
What questions do you have to ask to do this?
What conclusions can be drawn from the list?



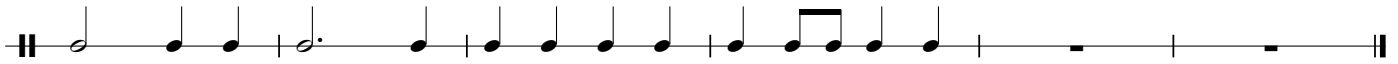
Complete this phrase choosing examples from the list below
to create the most active.



Complete this phrase choosing examples from the list below
to create the most static.



Complete this phrase choosing examples from the list below
to create the one you like the most. Why do you like it?



Complete this phrase choosing examples from the list below
to create the one you like the least. Why don't you like it?

